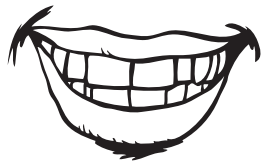


# 1

## Read 2 Corinthians 1:3-4.

When you have a bad day, don't take your frustrations out on those around you. Instead, God wants you to do everything you can to live at peace with others. Doing what's right and making good choices will benefit you, but it also encourages others.



Smile at as many people as you can today and watch how your smile affects them. Count how many people smile back at you.

PRAY a silent prayer for the people you smile at. ASK God to bless and encourage them.



# 2

## Read 2 Corinthians 1:5-6.

When things aren't going right, it's easy to forget that God can use bad times in good ways. One of the reasons Jesus helps you through tough situations is so you can pray for and help others when they face similar things. You'll know how they feel and can be a true friend by sharing how God helped you persevere.

Make a card for someone who's going through a hard time. Encourage your friend to trust God to use the bad time in a good way.



PRAY for the person to whom you wrote the note.

# 3



Pour enough 2% milk into a saucer to cover the bottom then add 4 to 8 drops of different colors of food coloring on separate areas of the milk. Try adding a drop of dish soap and watch what happens.

## Read Psalm 133:1.

The soap made a difference, didn't it? YOU make a difference, too.

The things you do affect others. When you live in peace with people, you show them what God is like. And you never know who's watching.

TELL God you want to make a difference today by living in peace with \_\_\_\_\_ (name some people you will be with today).

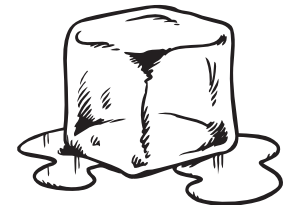


# 4

If something isn't going right, be careful how you react. Don't fall apart; don't even flinch. Stop and think about the influence you have on those around you and use it for good by continuing to do what's right, making wise choices, and praying for others.

## Read Romans 12:18.

Try not to flinch as you and a friend put ice cubes down each other's backs.



THANK God for someone in your life who's hard to get along with, then ASK God's help to live in peace with him or her.



For more ideas about putting perseverance into action, visit [www.studio252.tv](http://www.studio252.tv).

©2011 The reThink Group. All rights reserved.